## Alejandra Abelfa

## TRAINING & EQUESTRIAN INSTRUCTION/COACHING



- Training of horses both ridden and in hand (groundwork, lunging, long-lining)
- Equestrian private and group instruction in balanced seat, jumping up to 3', and dressage up to Second Level
- Individual and team coaching in hunter/jumpers and dressage, including IEA (Interscholastic Equestrian Association) coaching



 SafeSport certified & ARIA (American Riding Instructors Association) Level III Certified Instructor and Stable Manager